

You are waiting in the queue for dinner and someone pushes in front of you. Say to them:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

A teacher thinks you have been talking in class and gives you a warning. You haven't been talking in class. After the lesson you say to the teacher:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

A friend borrows your pen in class and won't give it back to you at the end of day. Say to the friend:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

Two friends are talking and laughing in the playground. You go up to them and ask if you join in their conversation. They say No and turn their backs on you. Say to them:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

You are watching a very exciting TV programme. Your sister comes into the room and changes the channel without asking you. Say to them:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

You are waiting in a queue to buy a packet of crisps. Someone pushes into the queue ahead of you. Then she (or he) buys the last packet of the flavour you wanted. Say to them:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

You haven't done anything wrong. But your mother now tells you that you can't stay the night with your friend, just two days after she told you that you could. Say to them:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)

Your very best friend has just told you that his or her dad has a new job, and the family is moving far away. You are really going to miss this friend. Say to them:

- I feel** (say how you feel)
- When** (say what happened)
- Because** (why it upsets you)
- I would like** (say what you want to happen/to change)